

EID Aquatic Centre - July & August

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Bird (Lane Swim and Self-Directed AquaFit)			6:00a-9:00a	6:00a-9:00a	6:00a-9:00a		
Lane Swim	12:00p-2:00p	10:30a-8:00p	10:30a-8:00p	10:30a-8:00p	10:30a-8:00p	9:00a-8:00p	12:00p-2:00p
Open Swim	12:00p-6:00p	12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	12:00p-8:00p	9:00a-8:00p	12:00p-6:00p
Hot Tub, Sauna, Steam Room	12:00p-6:00p	9:00a-8:00p	6:00a-8:00p	6:00a-8:00p	6:00a-8:00p	9:00a-8:00p	12:00p-6:00p
SeniorFit		12:30p-1:30p		12:30p-1:30p		12:30p-1:30p	
Aquafit		7:00p-8:00p (Shallow)	7:00p-8:00p (Deep)	7:00p-8:00p (Shallow)	7:00p-8:00p (Deep)		
Lessons		9:00a-12:05p	9:00a-12:05p	9:00a-12:05p	9:00a-12:05p		
JLC							
Brooks Barracudas Swim Club (No access to Lane pool at this time.)		9:00a-10:30a	9:00a-10:30a	9:00a-10:30a	9:00a-10:30a		
Special Olympics (No access to Lane pool at this time.)							
Special Events as scheduled:							
Women's Only Swim 3rd Sunday of the Month -	10:45a-11:45a						
Swim-In Movie -Last Sunday of the Month-	12:30p-2:00p						